

**SAY THIS:**

Who loves you?
GOD LOVES YOU.

**DO THIS:****MORNING TIME**

When you go into your baby's room, pick him/her up, look at him/her, and softly say, "Good morning, sweet [baby's name]. Mommy loves you. Daddy loves you. Grandma loves you. (List other people who love your child.) And God loves you soooooooooo, so much!"

**FEEDING TIME**

While feeding your baby this month, look at him/her and say, "God made your eyes. God made your nose. God made your smile. God made your . . . (continue listing things). And because God made you, He loves you very, very much."

**CUDDLE TIME**

Cuddle with your baby this month and pray, "Dear God, Help me remember that You love me, period. Not because of what I do or don't do, but simply because You made me. I'm Yours. And that makes me very special. I want to live believing in Your love for me so [baby's name] will know how much You love him/her and that nothing will ever change that. In Jesus' name, amen."

**BATH TIME**

As you bathe your baby, look him/her in the eye, smile, and repeat this rhyme. "One, two, God loves you!"

BASIC TRUTH:

GOD LOVES ME.

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EVERY MOTHER IS A WOMAN OF VALOR

By Sarah Anderson

“Thank you for making this dinner! But I think I like Dad’s spaghetti better.” It was so close to being a compliment, but I’ll take it. My five-year-old was right. I put forth a good effort, but his dad is the better cook. Mothering can feel like this at times. Like you are just close enough to getting *it*, only you just didn’t make the cut. You want to be the best. But these days you’ll just settle for someone noticing your effort. “Thanks for trying, but . . .”

Mother’s Day can feel like the day to celebrate the golden standard of mothering, leaving you to hope others don’t get close enough to see how insecure parenting really makes you feel. I get it. But I’m starting to think on days like Mother’s Day, or any day we feel inadequate, the last thing we should be doing is worrying over everything we’re not.

Proverbs 31 is famous for the picture it paints of the *ideal* woman. It’s today’s domestic superhero. The wife of noble character it describes is nothing short of intimidating—getting up before dawn, making her family’s clothes, and conducting lucrative business with her handiwork. It’s a beautiful picture, but sounds so daunting.

The Hebrew words used to describe this elusive woman are *eschet chayil*, directly translating to “woman of valor.” But

interestingly, this doesn’t imply something women should *aim* for. **It asserts we’ve already accomplished it.**

These words are celebratory, meant to be a blessing, spoken over the valorous women in our lives. It isn’t, “Next week, work a little harder on making your own bread” It’s, “You love our family well—you are a woman of valor! *Eshet chayil!*”

Sure, we may miss the mark sometimes. **But there are a million things we have done and are doing that make us, that make you, worthy of the title, “woman of valor.”** For the clean dishes, homework help, warm hugs, listening ears—for the courage to get up each day, every day, and do it all again, *Eshet chayil!* **You are a woman of valor.**

This Mother’s Day, instead of feeling inadequate or guilty for what you think you ought to be, but can’t muster the strength to actually be, be encouraged. You are doing a great job. You are worth celebrating. And if no one else notices, your Heavenly Father does. He looks at you and says, “*Eshet chayil!*” Nice work, mamas.



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GENESIS 1:26; PSALM 139:14

People are wonderfully made
by God. He made us,
and He loves us.

SAY THIS:

Who loves you?
GOD LOVES YOU.

**DO THIS:****MORNING TIME**

When you go into your child's room, say, "Good morning, I see someone God loves! Raise your hands high in the air if God loves you!" When your child raises their hands, hold their hands and say, "Yes! God loves you!"

**DRIVE TIME**

As you drive, name some of the places you pass along the way. Say together, "God loves me at the [name of place]."

**CUDDLE TIME**

Cuddle with your child this month and pray, "Dear God, I love [child's name] SO much. And that's how I know how big Your love is for him/her, because you love him/her even more than I do! That is SOOO much love! Thank You for loving us, God. In Jesus name, amen."

**BATH TIME**

Add a large plastic bowl and a plastic measuring cup or scoop of some kind to bath time. While bathing your child, encourage him/her to use the measuring cup to scoop and pour water into the bowl. Each time he/she pours a scoop of water into the bowl, tell him/her to say, "God loves me."

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WEEK ONE

GENESIS 1:26; PSALM 139:14

People are wonderfully made by God. He made us, and He loves us.

.....

WEEK TWO

ESTHER 2:2-8:17

Esther trusts God's plan for her and helps save her people.

.....

WEEK THREE

LUKE 15:11-24

Jesus tells a story about a father and son to show us that God loves us, no matter what.

.....

WEEK FOUR

JOHN 3:16

God loves us so much, He sent Jesus to be our friend forever.

.....

WEEK FIVE

LUKE 15:8-10

Jesus tells a story about a woman who looks for a lost coin to show how special we are to God.



REMEMBER THIS:

"Nothing at all can ever separate us from God's love."

ROMANS 8:39, NIV



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 DO THIS:
**MORNING TIME**

When you go into your child's room, say, "Good morning! It's time to wake up! God loves us so much, He gave us another amazing day to enjoy!"

**DRIVE TIME**

As you drive, ask your child questions like, "Can going to school separate you from God's love? Can riding in an airplane separate you from God's love? Can a thunderstorm separate you from God's love? Can being sick separate you from God's love?" Each time you ask a question, answer together, "Nooooo. Nothing can separate us from God's love!"

**CUDDLE TIME**

Cuddle with your child this month and pray, "Dear God, everywhere we look, we see wonderful ways that You love us. You made a beautiful world for us to live in. You listen to us when we talk to You. You are always with us. You give us yummy food to eat. You give us friends and family to help us. You are so, so good to us, God. Thank You for loving us like You do. In Jesus' name, amen."

**BATH TIME**

Add two colors of plastic blocks to bath time. Say, "Let's sort the blocks by color. That means you will separate the orange ones over here and then separate the green ones over here." When you're done sorting, say, "Good job! We can separate blocks, but nothing can separate us from God's love!"



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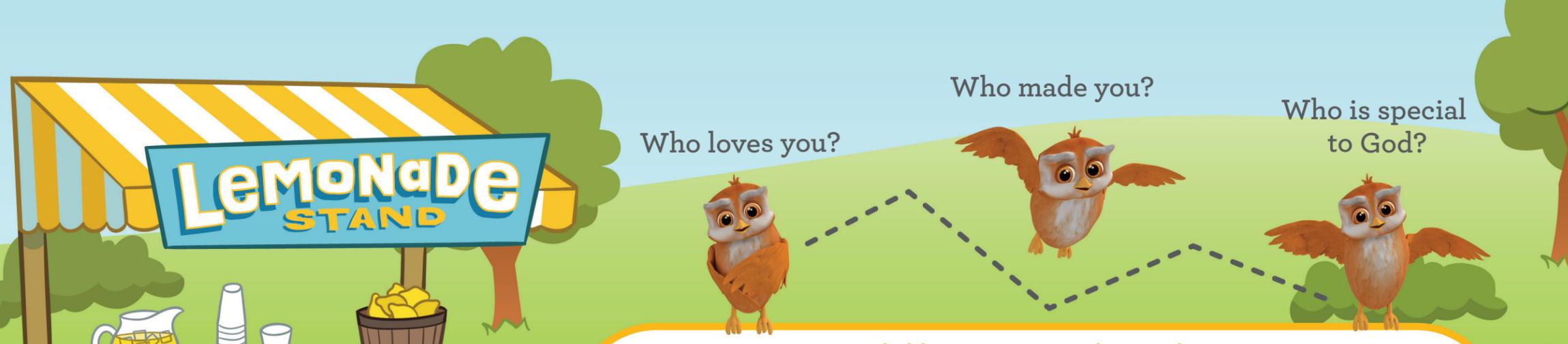
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Who loves you?

Who made you?

Who is special to God?

Use washable crayons or markers to draw your favorite part of this week's Bible Story:

A large white rounded rectangle with an orange border, intended for drawing.

Theme:
Lemonade Stand

Basic Truth:
God loves me.

Bottom Line:
God loves me.

Memory Verse:
"Nothing at all
(Shake head and wave your arms in front of you.)
can separate
(Lock your fingers together.)
us from God's
(Point up with both fingers.)
love."
(Hug yourself.)
Romans 8:39
(Open hands like a book.)

WEEK 1:

People are wonderfully made by God. He made us and He loves us.

GENESIS 1:26; PSALM 139:14

Who made everything? (God)
What is the most special thing God made? (Me/People)

WEEK 2:

Esther trusts God's plan for her and helps save her people.

ESTHER 2:2-8:17

What did Esther ask the King to do? (Save her family)
Who has a plan for you? (God)

WEEK 3:

Jesus tells a story about a father and son to show that God loves us, no matter what.

LUKE 15:11-24

What happened to the son's money? (He spent it all)
Who loves you no matter what? (God)

WEEK 4:

God loves us so much, He sent Jesus to be our friend forever.

JOHN 3:16

Who gave us Jesus? (God)
Who wants to be our friend forever? (Jesus)

WEEK 5:

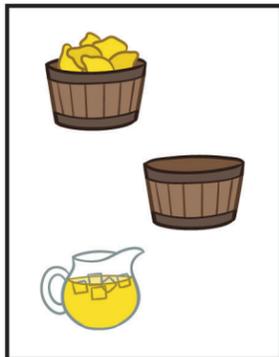
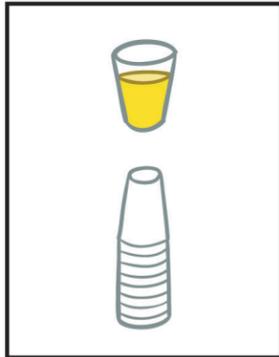
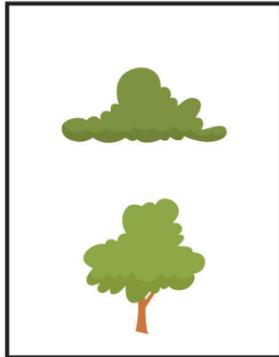
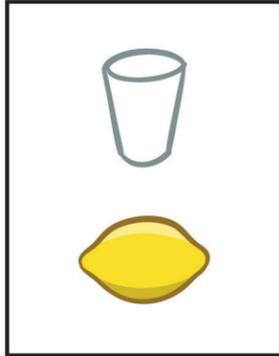
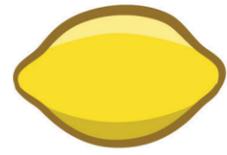
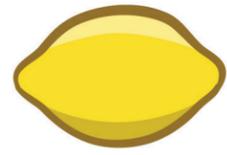
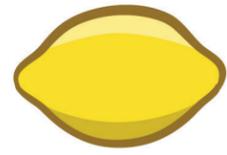
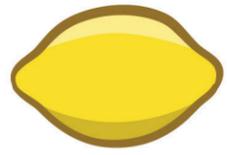
Jesus tells a story about a woman who looks for a lost coin to show how special we are to God.

LUKE 15:8-10

What did the woman lose? (A coin)
What did she do when she found it? (Celebrate/Have a party)

Use washable crayons or markers.

Follow the pattern and circle what comes next.



God loves me.