

I Need to Change

Our Mission: To take as many people to Heaven as we can, before we die. Period.

I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. **Romans 7:15 NLT**

1. You need an epiphaME to break out of your automatic self.

Carefully determine what pleases the Lord. Take no part in the worthless deeds of evil and darkness; instead, expose them. It is shameful even to talk about the things that ungodly people do in secret. But their evil intentions will be exposed when the light shines on them, for the light makes everything visible. **Ephesians 5:10-13 NLT**

Definition of Epiphany: An illuminating discovery, realization, or disclosure.

2. Face the truth of your default future versus your desired future.

This is why it is said, "Awake, O sleeper, rise up from the dead, and Christ will give you light." **Ephesians 5:14 NLT**

3. Learn the skills of change to take away its power to be difficult.

So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. **Ephesians 5:15-17 NLT**

"It's the lack of thought, not the presence of thought, that enables our bad behavior." - **Kerry Patterson**

4. Surrender to God, because you are powerless to change on your own.

Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ. **Ephesians 5:18-20 NLT**

Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord. So you see how it

is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin. **Roman 7:24-25 NLT**

Message Notes: The Holy Bible, New Living Translation, English Standard Version. Bible Knowledge Commentary, by Walvoord, John F., Zuck, Roy B., Dallas Theological Seminary, Change Anything and Crucial Accountability, by Kerry Patterson, Joseph Grenny, David Maxfield, Ron McMillan, and Al Switzler.