

O' Come All Ye Stressful pt. 2

Overwhelmed

Review this week's message.

Key Thought: *The way we carry our load is the burden, not the load itself.*

Key Scriptures (see back for full scripture)

Luke 2:14

Matthew 2:1-2

Job 14:5

1 Corinthians 6:12

Matthew 2:11-12

Ecclesiastes 4:6

Philippians 4:6-7

Start talking. Find a conversation starter for your group.

- Is the world around us at peace?
- Read and discuss Psalm 119:165.

Start thinking. Ask a thoughtful question.

- Describe what it's like when you know you're at peace.
- Jesus lived a very focused life. Share examples of how Jesus was guided by his priorities.

Start sharing. Choose questions that create openness

- Ps. Bil said we can either live by priorities or pressure. Describe a situation where you allowed pressure, not priority, to motivate you.
- Do you have a clearly defined goal for your life? If so, what is it?

Start praying. Be bold, and pray with power.

Jesus, you are the Prince of Peace. Thank you for providing a way for me to make peace with God through your sacrifice. Give me the courage today to prioritize my life, and to make you my first priority in everything I do. Amen.

Start doing. Commit to a step and live it out this week.

- Identify your goal(s). Write down the clearly defined goal for your life and share it with another group member
- Identify your priorities & pressures. Write a list of your priorities and then a list of competing pressures

